

## Basic Personal Counselling A Training Manual

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### Basic Personal Counselling A Training

Basic Personal Counseling is an easy-to-read introduction to counseling skills for both student and professional counselors and workers in the helping professions.

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An introduction to personal counselling for professional and volunteer counsellors and those who train them. The book covers the specific skills required for successful counselling, from listening, reflecting, questioning and summarising and reframing, to challenging self-destructive beliefs and facilitating action.

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Basic Personal Counselling is an easy to read introduction to counselling that reflects current best practice. It teaches core interviewing skills and provides a framework of practical examples and training group exercises to enable students to progressively build a skill repertoire.

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Basic Personal Counselling is an easy to read introduction to counselling that reflects current best practice. It teaches core interviewing skills and provides a framework of practical examples and training group exercises to enable students to progressively build a skill repertoire.

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It must include: knowledge based learning - for example, psychological theories and their application to practice, philosophy, human... therapeutic competences - for example, monitoring and evaluation, relationship building, communications, strategies and... research awareness - for example, ...

### **Training to become a counsellor or psychotherapist**

The Basic Counselling Skills Module of the Community Counsellor Training Toolkit starts with a definition of counselling, specifically person-centred counselling, which is the theoretical basis for the counselling approach taught in this Toolkit.

### **Community Counsellor Training Toolkit: Module 2 Basic ...**

Basic Personal Counselling: A Training Manual For Counsellors (Paperback) Published September 1st 2011 by Pearson Education. Seventh Edition, Paperback, 397 pages. Author (s): David Geldard, Kathryn Geldard. ISBN: 144254595X (ISBN13: 9781442545953) Edition language:

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### **Basic Personal Counseling by Geldard, David (ebook)**

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### **Counselling - Subject - Health - Library at Torrens**

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### **Kenya Association of Professional Counsellors (KAPC)**

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past, breastfeeding counselling and support skills have seldom been included in the curricula of either doctors, nurses, or midwives. This course aims to give you training in basic breastfeeding counselling skills, which should enable you to give mothers in your care the support and encouragement that they need to breastfeed successfully.

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